



Wellness in Motion, LLC Services, Pricing and Policies

Cardio Circuit Sessions: Package of 10 classes: \$75

Group Pilates or Wellness classes: Package of 10 classes: \$250 (Group size limited to a max. of 5)

Private Pilates Sessions:

With Michael: \$90 individual session

Package of 10 sessions: \$850.00 (\$85/private: expires after 60 days)

Package of 20 sessions: \$1600.00 (\$80/private: expires after 120 days)

Package of 30 sessions: \$2250.00 (\$75/private: expires after 180 days)

Physical Therapy: \$90 per session. Physical Therapy is "fee for service". A prescription is needed from your Physician to receive Physical Therapy.

We ask that you give us notice 24 hours in advance, should you need to reschedule or cancel your appointment.

All prices and policies are subject to change.
Group packages of 10 expire after 60 days.
Cardio packages of 10 expire after 60 days.

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